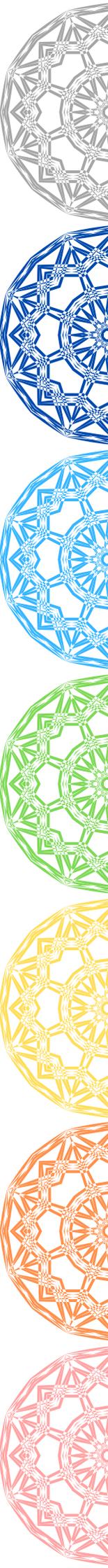


# Warrior Rising

## Third Eye Chakra



Between the Eyes  
Intuition, clarity, clairvoyance



# Channelled Message

Hello Dear One

The Third Eye Chakra is one full of magic and mystery as this is where we show you glimpses of the life you could live but because it's seen as a vision you too easily dismiss that which you are shown.

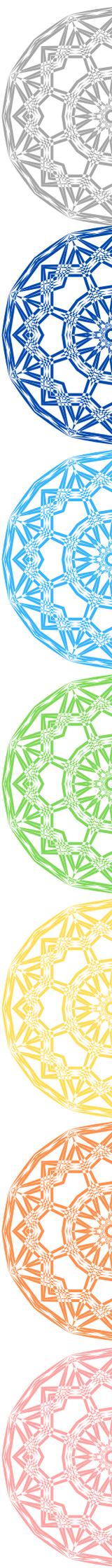
Please remember that while we ask you to take action steps it really is up to us with regards to how that which is yours naturally by birthright will be delivered to you. The action steps we need you to take are based mainly on staying open to opportunities that we bring forward for you to bring you all that you wish for.

Remember that your words are your wand and that by using positive thoughts and behaviors sprinkled with a good dose of faith, everything you have ever wanted can be yours.

We want to bring these things to you so please stay open and receptive to them as this will make your time here much more fun and joyful which are your main focus. If it seems too hard and difficult then move towards joy - it is the fastest way to get you back into the best space.

You are loved, flawless in our eyes and so much fun to be around.

*The Collective*



# You will see it before you receive it

I certainly hope that you are enjoying a tour through the chakras and that the information you have been receiving has been helpful in explaining how the body, mind and spirit are linked into one.

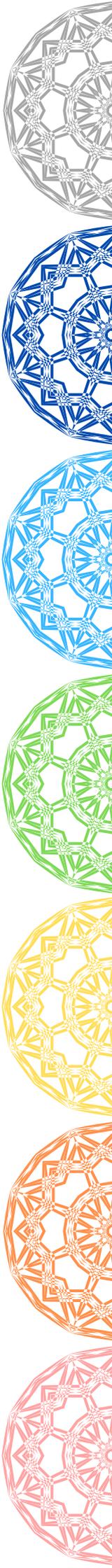
This week's chakra is the Third Eye Chakra which is situated in the centre of the forehead and focuses on intuition, clarity and Clairvoyance – the ability to perceive things in the future or beyond normal sensory contact.

The Third Eye Chakra can be affected by confusion, lack of decision and headf\*ckery too.

The particular crystals and Archangels for this week are Amethyst (Archangel Michael) for calming and accelerating development of psychic abilities, Lapis Lazuli (Archangels Michael, Raziel and Zadkiel) for expanding the third eye and helps connect your heart with your head and Blue Calcite (Archangels Jophiel, Raguel and Raphael) which helps to unlock underlying reasons for discomfort.

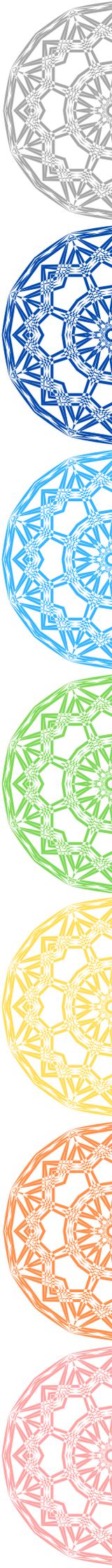
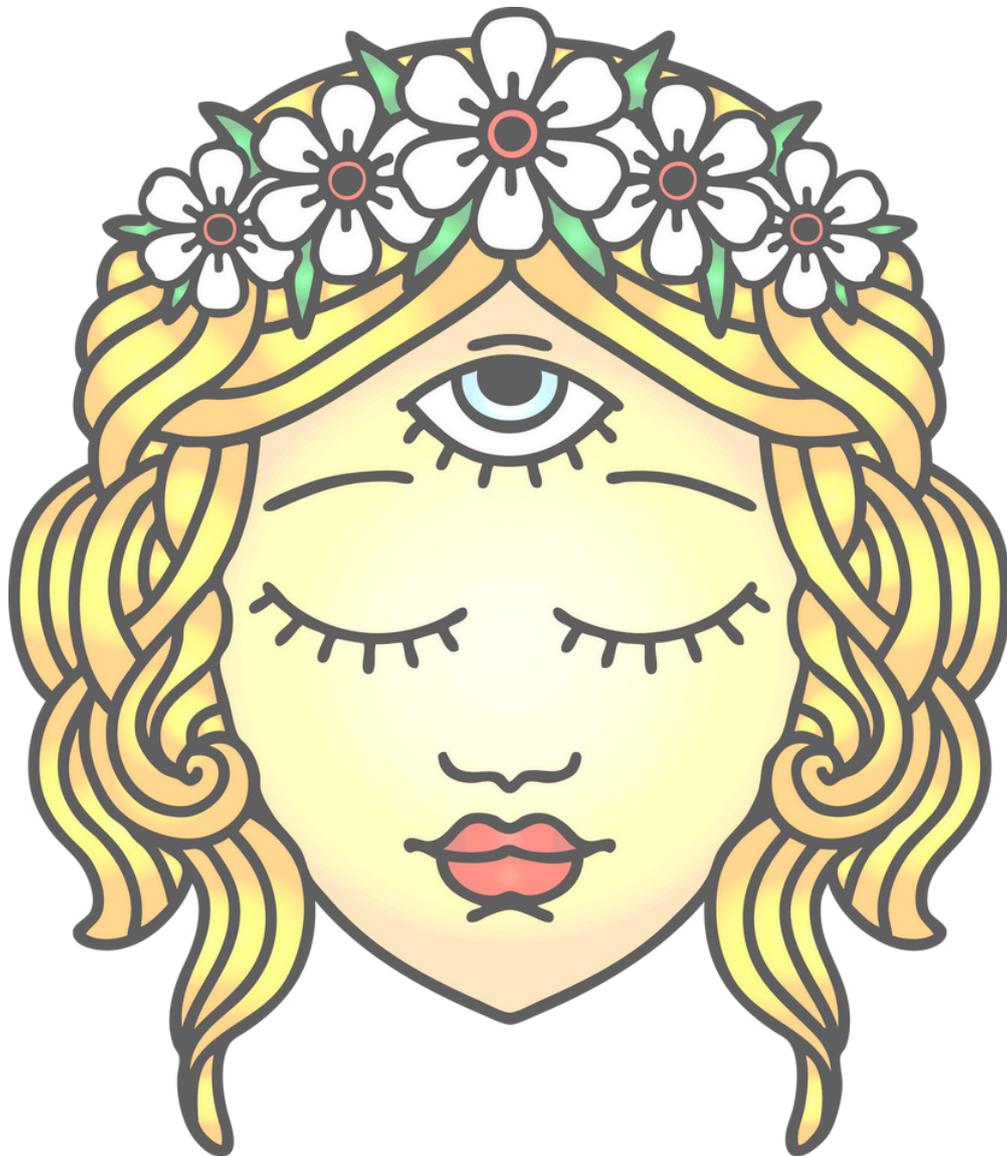
If you don't have these particular crystals it's totally ok to use clear quartz as it's an amazing base crystal that can cover all the chakras. When taking your few moments in the morning or throughout the day, just grab your crystal as it will help you to come back into spirit. You may be drawn to colors such as dark blue's and indigo.

When was the last time you actually sat and allowed your intuition lead the way?? The Third Eye Chakra is amazing and can well and truly be trusted when you are trying to make decisions of any sort. Allow yourself the time to sit and listen – you may also like to ask yourself the question “does my reaction to this situation or question come from love or fear?”



This is an amazing way to allow your spirit to come forward and lead the way.

This particular chakra requires you to be aware of when you start the headf\*ckery or become scatterbrained and pull yourself out of it. Take a moment and breathe, call yourself on it but then be ready to move forward with clarity.



# Guiding Goddess

## - Hecate -

Hecate is the Goddess of Magic, Witchcraft and all things that fall under the title of WOO.

This Goddess is no nonsense and perfect to call on when you are ready to open your third eye as she is measured and will only show you what you need to see. Hecate is not a fan of overwhelming initiates into magic as it is her pet hate so when you call her or she shows herself to you, know that you are safe and protected.

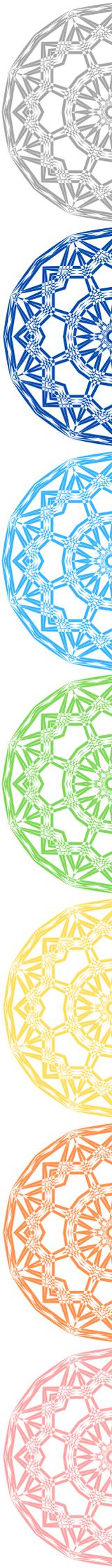
As the gatekeeper between worlds, Hecate has the ability to provide wise council when needed and is not one to do the work for you. If you need to learn a lesson, she will watch on ensuring that you are safe and can see the options in front of you.



Hecate is a strong and divinely inspired Goddess who knows her skills and abilities are important to those stepping

into their woo skills as her goal is to teach personal power and kindness to all.

With the symbols of 2 torches crossed over and serpents, Hecate's only want is for magic to be used honorably to enlighten the world.



# Guiding Tarot Card - The High Priestess -

The High Priestess trusts her intuition to provide her with insights from both this world and from those beyond the veil.

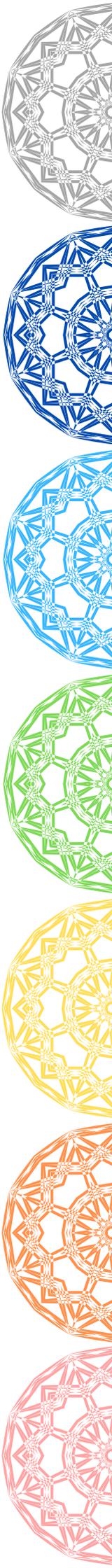


This card upright highlights spiritual awakenings and shifts as well as your one foot in the practical world with strategy and groundedness as well as tapping into sacred knowledge being gifted to and through you.

Whichever clair is being tweaked as your dominant at this time is so that you can tune into the energy around you and adapt your decisions and movements from a place of clarity.

The High Priestess is able to see the options being presented and choose the right one for all involved.

With this cards ruling planet being the Moon, take time to become comfortable in both the dark and light, high and low as these will become your allies. The element of water links in with this particular card so please know that your emotions are amazing navigational tool and great for processing and purging.



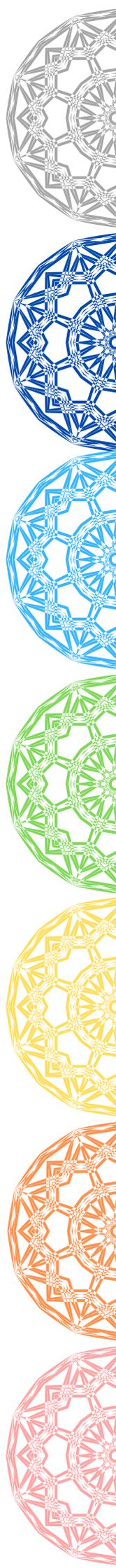
# Guiding Archangel

## - Azrael -

Archangel Zadkiel works with those who are changing their lives and transforming from one version of self over to another - perfect when it comes to the third eye chakra.

With Zadkiel's ability to assist in helping you to remember your purpose and know how to apply this to your life, if you call on him you will be supported with gorgeous purple light. Another of Zadkiel's amazing skill's is to support you in forgiveness of self and others as well as removing heavy baggage. His twin flame is Holy Amethyst who helps you to see past any perceived challenges.

By using both the feminine and masculine energy from both of these spiritual warriors, you can move through the energetic fog and on to the next stages.

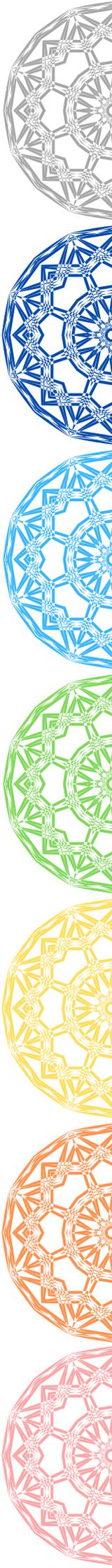


# Clairvoyance

## - the gift of sight/vision -

Clairvoyance is the ability to see what is coming up around the bend re a person, situation or object without actually having been given any other information other than you just know or may indeed have had it play out in your mind's eye. While clairvoyance can be broken down into 3 categories (precognition - perceive or predict future events, retrocognition - past events and then there is the ability to remote view on current events), it really is as simple as getting a reading on what is coming or has been.

A great way to tap into your Clairvoyant abilities each day is to play out in your mind how you would like certain events to take place throughout your day. This kind of daydreaming/planning out your day can call forward in your minds eye your ability to see how it can play out as well as be ready for opportunities that may come forward for you.

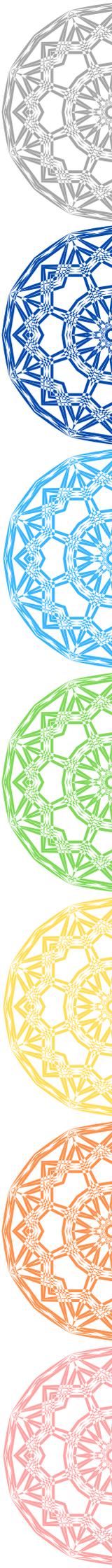


# Mini Tasks for the Third Eye Chakra

Please remember that these tasks are opportunities for you to learn about yourself and grow. I will be doing them right alongside you.

There may be tears, a-ha moments and real clarity in where you are now and where you want to be going. Writing about your journey allows you to process and pull from your mind things you may not have realised need releasing and things your higher self is trying to lead you towards.

Light your candle, grab a cuppa or glass of wine and let the words start to flow xx



# Play it out in your mind first

So this exercise is all about taking those few moments to listen. It truly is as simple as just sitting quietly and you can even try this in bed at the start and end of each day. Notice any particular time for you to collect and gather your thoughts.

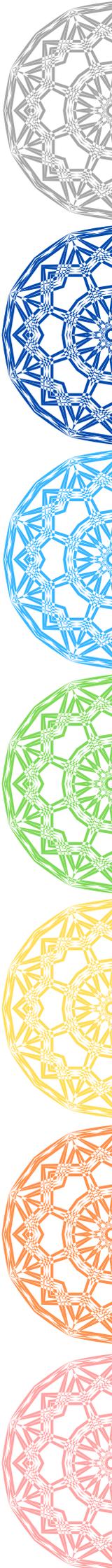
Most assume that you need to meditate for hours each day to have a clear and open communication channel with your Guides but you actually don't.

An easy way to do this is to take your few moments first thing in the morning (whether in bed or outside walking) and inviting them in to play and help plan out your day.

They are amazing at reminding us of things we may have forgotten. Take the time to map it out in your mind as this is a great way of calling in what you would like to have happen. If you find that you go off on a tangent or invest in a little trash talk with yourself, remember that the words "Clear, Cancel, Delete" are fantastic to help you start again.

You can do this a few times a day if you like or just the once in the morning. Notice sounds that come to mind and even song lyrics too. Does it seem like one particular line or word keeps playing repeatedly? Write it down as they will make sense to you soon. You could quite simply say "Ok Crew. What is it you are trying to bring to my attention?" then just breathe and see what comes.

You can use your morning coffee fix to take a few minutes to check in - this is just taking time out to check in.

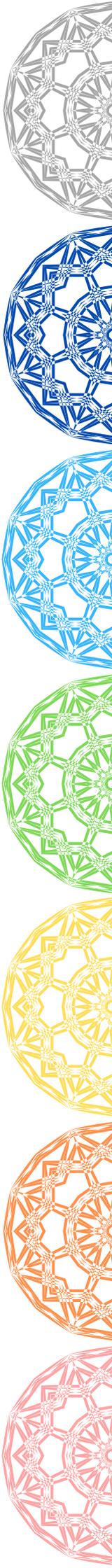


# Take note of how your body responds

Take notice of the feelings you receive when you start receiving Clair nudges. Do you find that your skin gets all tingly or you itch behind the ears?

Do you receive really strong vibrational messages regarding those you surround yourself with or situations you find yourself in? The more you notice and note them down the stronger they will become and the quicker you can make decisions based on the feels rather than the wants and needs of others.

This really the best way to gauge the best steps forward for you and when things don't feel right at all.

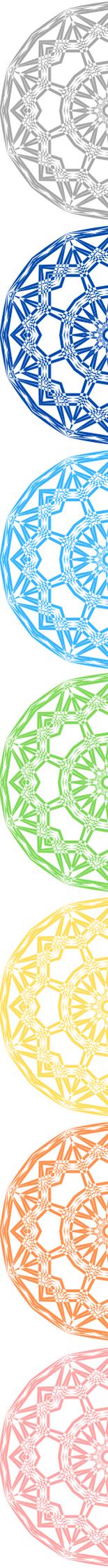


# Chakra Wrap Up

IF you can see it, you can have it!!

The Third Eye Chakra is such a powerful tool for you to use in your manifestation practices as the first step is seeing in your mind what you actually want to have happen.

The mind and Third Eye working together can accomplish so much and it's your job to let your imagination expand and stretch.









# Time to move onto the Crown CHAKRA

