

# Clair Codes

Unlock Your Inner Wisdom + Amplify Your  
Intuitive Gifts



with Kim Williams

# HELLO!

I'm Kim

Kim Williams | Energetic Alchemist,  
Oracle Mentor & Bold Soul Activator

Hey love — I'm Kim, and I'm here to help you remember what you already know.

I work at the intersection of energy, intuition, and unapologetic empowerment.



After two decades in the corporate world (and a few burnouts to prove it), I answered the call to build a business rooted in truth, soul, and practical magic. Today, I guide women through transitions, awakenings, and big f\*cking shifts — helping them reclaim their energy, their power, and their purpose.

Whether it's through energetic mentorship, intuitive coaching, or straight-up soul recalibration, my work is designed to bring you home to yourself.

You are not broken. You are remembering.

And this book? It's a doorway.

# About Clair Codes

👤 Welcome to Clair Codes

Your intuitive gifts aren't random—they're coded into your very being. In this guide, we'll unlock the Clair Codes—the unique energetic pathways through which you receive divine guidance. Whether you see, hear, feel, know, or sense... your inner wisdom is speaking.

Loudly. Clearly. Powerfully.

Inside, you'll find:

- ✦ A quiz to discover your dominant Clair
- ✦ Activations to strengthen your intuitive channel
- ✦ Journal prompts to anchor and integrate your insights
- ✦ A permission slip to OWN your magic—unapologetically

It's time to tune in, turn up, and trust your inner guidance like never before.

Let's crack the code.



# Discover Your Dominant Clair Quiz

Foundations first, baby. You're creating the container

This short quiz will help you discover which Clair is most dominant in your energetic makeup. Answer each question honestly and tally your results at the end to see which Clair stands out.

1. When you meet someone new, you usually:

- a) See images or flashes in your mind
- b) Hear an inner voice or thought
- c) Feel their vibe instantly
- d) Just know things about them without explanation

2. When making decisions, you rely most on:

- a) Visualizing different scenarios
- b) Listening to your inner guidance
- c) Tuning into how it feels in your body
- d) A deep knowing, even if it doesn't make logical sense

3. You often get intuitive nudges through:

- a) Dreams, visions, or mental images
- b) Sounds, voices, or music lyrics that stand out
- c) Gut feelings or physical sensations
- d) Random thoughts or downloads that just make sense

4. You are most drawn to:

- a) Art, colors, or symbols
- b) Music, sound baths, or voices
- c) Massage, healing touch, or emotional depth
- d) Philosophy, strategy, or ideas

5. When something isn't right, you:
- a) See it playing out in your mind
  - b) Hear a warning internally
  - c) Feel tense or uncomfortable
  - d) Just know—without evidence

Scoring:

Mostly A's – Clairvoyant (Clear Seeing)

Mostly B's – Clairaudient (Clear Hearing)

Mostly C's – Clairsentient (Clear Feeling)

Mostly D's – Claircognizant (Clear Knowing)

You may find more than one Clair active—that's totally normal! This quiz highlights your current dominant sense.

 **Note:** You might notice that Clairience (clear smelling) and Clairgustance (clear tasting) aren't included in the quiz.

That's because these Clairs tend to show up in more spontaneous, situational ways—like suddenly smelling a loved one's perfume or tasting something symbolic during meditation. They're powerful, but less commonly dominant in day-to-day intuitive communication.

Stay open to them showing up in subtle ways—especially during rituals, mediumship work, or memory-triggered moments.

“Your intuition isn't a whisper  
—it's a language.  
And the Clairs are how your  
soul speaks fluently.”  
— Kim Williams



# Understanding the Clairs

The Clairs are the intuitive channels through which we receive spiritual and energetic information. Think of them as your soul's preferred way of communicating with you. Here's a breakdown of each Clair:

## **Clairvoyance – Clear Seeing**

You receive intuitive guidance through images, visions, or symbolic visuals. You might see flashes of light, colors, or even full scenes in your mind's eye. Clairvoyants often dream vividly and notice visual patterns others miss.

## **Clairaudience – Clear Hearing**

You perceive intuitive insight through sound—inner voices, tones, music, or auditory messages. Clairaudients often hear words or phrases internally that provide guidance or confirmation.

## **Clairsentience – Clear Feeling**

You pick up on energy through sensations in your body and emotions. Empaths often fall into this category. Clairsentients can feel the emotional and energetic climate of a room or person instantly.

## **Claircognizance – Clear Knowing**

You simply \*know\* things without logical explanation. This download of information is immediate and undeniable. Claircognizants are often strategic thinkers or problem-solvers with strong inner certainty.

## **Clairience – Clear Smelling**

You receive intuitive messages through scent. You might smell something (like flowers, smoke, or perfume) with no physical source. This Clair often connects to memory and spirit presence.

## **Clairgustance – Clear Tasting**

You receive information through taste, even when you haven't eaten anything. It's rare, but powerful—often tied to mediumship or emotional recall.

# Clair Activation Practices

Now that you've discovered your dominant Clair and explored what each one means, let's activate them! These simple practices are designed to awaken and strengthen your intuitive gifts. Try one or all—the more you play with them, the stronger your connection becomes.

## Clairvoyance – Clear Seeing

✨ Practice Visualization:

Close your eyes and imagine a peaceful place in vivid detail. Picture colors, textures, and movement. Over time, this strengthens your third eye and ability to receive intuitive imagery.

## Clairaudience – Clear Hearing

✨ Tune Into Silence:

Spend 5 minutes in stillness, listening for subtle sounds. You may begin to notice internal words or tones. Ask your guides a question and listen for the response that arises within.

## Clairsentience – Clear Feeling

✨ Body Check-In:

Place one hand on your heart and one on your belly. Ask yourself how you're feeling and wait for the sensation or emotion to arise. Let your body lead the response. Trust what surfaces.

## Claircognizance – Clear Knowing

✨ Stream of Consciousness Writing:

Ask a question, then write whatever flows without editing or judging. Claircognizance often comes in fully formed thoughts—this practice helps you catch them before the mind filters them out.

# Clair Activation Practices

## Clairience – Clear Smelling

### ✦ Scent Meditation:

Light incense, essential oils, or herbs and sit quietly while tuning into the sensations and memories each scent evokes. Ask Spirit if any scents carry messages or guidance for you.

## Clairgustance – Clear Tasting

### ✦ Taste Memory Recall:

Bring to mind a vivid memory tied to a taste (like your grandma's cooking). Notice if that taste activates any emotions or insights. This opens your connection to spiritual messages through sensory memory.



# Wrapping Up Your Clair Codes Journey

You've just unlocked a deeper understanding of how you receive intuitive guidance—and that's big magic. ✨

Whether you discovered one dominant Clair or a constellation of ways your intuition speaks, trust that this awareness is just the beginning. The more you play with your gifts, the more they reveal themselves. You don't need to be a full-time mystic to be deeply intuitive—you simply need to listen, trust, and keep showing up for the whispers.

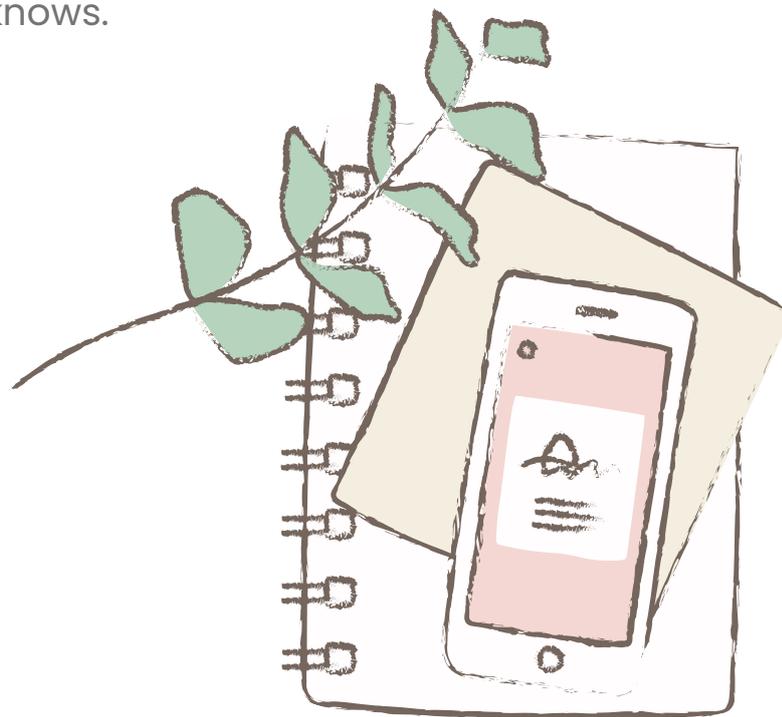
## 🔧 Next Steps:

- Choose 1 activation practice to try this week
- Pick a journal prompt to revisit daily for 3 days
- Reflect on where your Clairs show up in your everyday life (spoiler: they are)

## 🧠 Remember:

**“You're not making it up. You're waking it up.”**

And that's what Clair Codes is all about—reclaiming the language your soul already knows.



“My body is not a question mark.  
It is an exclamation of truth — steady,  
sacred, and always speaking.”

— Kim Williams







# Clair Codes Tracker



# Clair Codes Tracker

A weekly log to help you notice, track, and strengthen your intuitive insights. Whether it's a whisper, a vision, a gut feeling, or an unexpected knowing—write it down.

This is where trust begins to grow.

## How to Use This Tracker

Use this tracker daily or as often as you feel called.

Each row is a chance to document your intuitive hits—no matter how small. Over time, you'll begin to see patterns, strengthen trust, and build confidence in your Clairs.

You can print and fill in by hand



# Clair Codes Tracker

## Ladybug

Joy, Blessings + Divine Timing

The ladybug is a sign that good things are on their way. She reminds you to trust in the timing of the Universe—and to delight in the little moments while you wait.



### Week 1

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# Clair Codes Tracker

## Peacock

Radiant Truth + Sacred Self-Expression

The peacock reminds you to stop hiding your brilliance. Strut with divine confidence. Your beauty isn't ego—it's encoded divinity.



## Week 2

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# Clair Codes Tracker

## Dragonfly

Illusion Breaker + Light Messenger

Dragonflies carry the frequency of clarity and multidimensional sight. They call you to rise above illusion and trust your intuitive vision.



### Week 3

Week 3	
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# Clair Codes Tracker

## Butterfly

Transformation + Soul Rebirth

A symbol of powerful change and gentle becoming. The butterfly whispers: shed the old. What's ahead is lighter, brighter, freer.



### Week 4

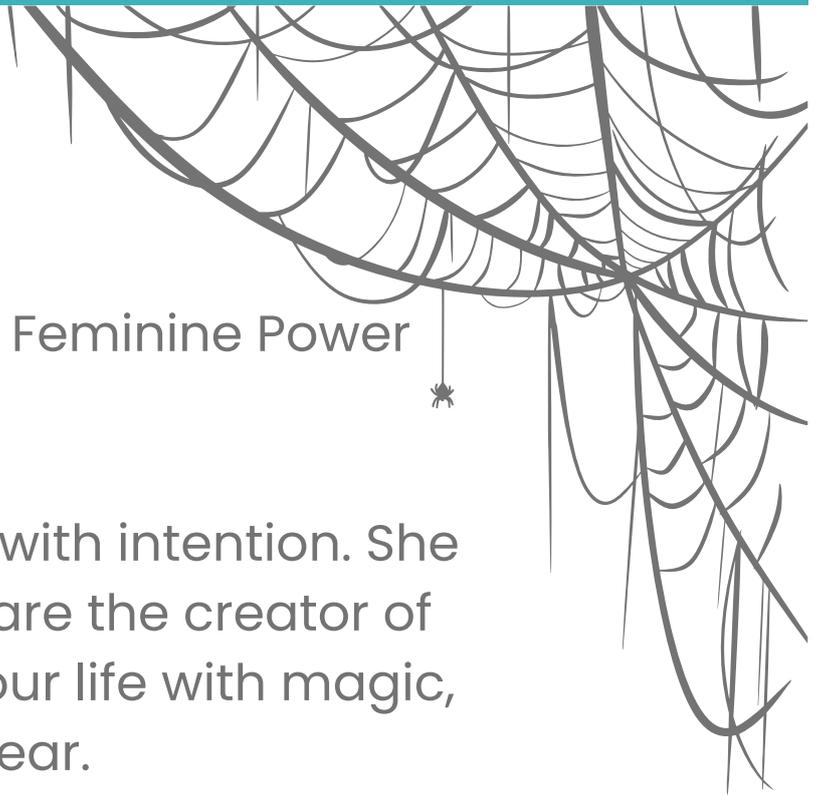
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# Clair Codes Tracker

Spider

Divine Creation + Feminine Power

The spider weaves with intention. She reminds you: you are the creator of your reality. Spin your life with magic, not fear.



## Week 5

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# Clair Codes Tracker

## FLAMINGO

Balance + Energetic Alignment

The flamingo dances between worlds—gracefully grounded yet open to the unseen. She says: find your center, and your beauty will bloom effortlessly.



### Week 6

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# You Did It – A Celebration of Your Intuition

Not every day brings a lightning bolt of clarity or a whisper from the beyond—and that's perfectly okay.

Some days are quiet. Others hum with magic.

But you showed up.

You noticed the nudges. You wrote them down. You trusted your inner world enough to listen.

That's powerful. That's sacred. That's how it begins.

What You've Just Done:

- Strengthened your intuitive muscle
- Reclaimed your relationship with your Clairs
- Proved (to yourself) that your guidance is real, valid, and yours to access anytime

So take a breath.

Smile.

And celebrate the nudges you did receive—because each one is a thread in the beautiful web of your intuitive awakening.

“When you pay attention, you activate the magic.”

Keep tracking. Keep trusting.

You're not imagining it.

You're remembering it.

Kim xo





